

# **BREAKFAST MENU**

# Served daily from 6.30am until 11am

### SOUTHPLACEHOTEL.COM

# **DRINKS**

Decaf Ceylon

White Jasmine pearls

Ginger & lemongrass

### JUICY

SMOOTHIES	
Banana lush (banana, strawberries, oats, milk)£	
Blue healer (blueberries, cranberry juice, yoghurt)£	
Green grapefruit (avocado, banana, grapefruit)£	0.50
JUICES	
Freshly squeezed orange£ Freshly squeezed grapefruit£	
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PICK ME UPS	
Bloody Mary or Bucks Fizz£1  Champagne cocktail£2	
Champagne cocktail	2.50
TEA & COFFEE	
<b>TEA &amp; COFFEE</b> CAFÉ LATTE£	4.25
CAFÉ LATTE£	3.95
CAFÉ LATTE£	3.95 3.95
CAFÉ LATTE£: FLAT WHITE£: AMERICANO£:	3.95 3.95 3.95
CAFÉ LATTE	3.95 3.95 3.95 2.95
CAFÉ LATTE	3.95 3.95 3.95 2.95 4.25
CAFÉ LATTE	3.95 3.95 3.95 2.95 4.25 3.95

Namdang Assam, Earl Grey Russian blend, Spicy Indian Chai

Mao Feng green tea, Moroccan minty green tea

Egyptian Chamomile, fresh mint, Rooibos & Vanilla

Grand Yunnan .....£6.00

GREEN TEAS .......£4.45

SCENTED / FLOWERING ......£4.45

INFUSIONS / HERBAL......£3.95

# **HOT & HEARTY**

FILL ENGLISH

Blythburgh back & streaky bacon, Cumberland sausage, roast vine tomato. Portobello mushrooms with tarragon butter, baked beans, homemade black pudding, two free range eggs prepared to your liking, sourdough toast
TOASTED ENGLISH MUFFINS Two free range poached eggs, béarnaise sauce: Benedict (ham)
LONDON CURE SMOKED SALMON£11.00 Scrambled eggs, sourdough toast
SMOKED HADDOCK£10.50 Poached egg, wholegrain mustard hollandaise
POTATO & ONION ROSTI£12.50 Fried eggs, smoked ham & Berkswell cheese
TWO CLARENCE COURT FREE RANGE EGGS£6.50 Boiled Blue Leg Bar, poached, scrambled or fried Burford Brown, toast or soldiers
FREE RANGE EGG OMELETTE£6.50 Add a topping£1.00 York ham, Montgomery cheddar, tomato, onion, Portobello mushroom
WHOLE ROASTED KIPPER£11.50 Lemon, soft herb butter
HAGGIS£9.50 Fried duck egg
SMASHED AVOCADO & POACHED EGGS ON         SOURDOUGH       £9.00         Add bacon       +£2.50         Add salmon       +£4.00
QUINOA BREAKFAST BOWL£9.00  Avocado, poached egg, sauerkraut & mushrooms

We are happy to provide information pertaining to allergies & intolerances upon request. Prices include VAT at 20%. A discretionary 12.5% service charge will be added to your total bill (15% for groups of 10 and above)

# HEALTHY

PORRIDGE£5.50 Banana, raisins & London honey or brown sugar & whisky
SUPER GRAIN GRANOLA£6.50 Greek yoghurt, seasonal fruit compote
BLACKBERRY BUCKWHEAT BIRCHER BOWL£8.00
YOGHURT£3.50 Natural or fruit
PINK GRAPEFRUIT£3.50
FRESH FRUITS£5.50 Strawberries, raspberries & blueberries
BAKERY
CROISSANT
PAIN AUX RAISINS£3.00
PAIN AUX CHOCOLAT£3.00
APPLE & RAISIN PASTRY£3.00
SOMETHING SWEET
BUTTERMILK PANCAKES£7.50 Blueberries & maple syrup or bacon & maple syrup

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Blueberry compote, vanilla cream

We've partnered with Pandora from ROOTED to create healthy and nutritionally balanced dishes. ROOTED also hold yoga sessions in the hotel on Monday evenings and Sunday mornings. Ask for more info.

BRIOCHE FRENCH TOAST......£7.50

Nutella & bananas or caramelised apple & cinnamon cream